

**GMM Student Wellness: Personal Health Meeting Notes**

**February 4, 2015**

**Present:**  Linda Simon; MCPS Health Services Supervisor, Andrea Vannatta: Pediatrician, Maria Vines; MSU Pediatric Nursing Professor, Merry Hutton; St. Patrick Community Benefit Manager, Kate Seigirst: MCHHD Director of Health Services, Kim Manch: Partnership Health Center Executive Director, Jenie Hill, MCPS School Nurse, Aloni George, MCPS School Nurse, Dorothy Goldbar; parent.

**Absent:** Don Whalen; Paramedic and Manager of MESI

1. **Welcome and Introductions**
2. **Goal for today:** Consideration of (Expanded) Personal Health Subcommittee
3. **Power point for background information (see PowerPoint)** 
   1. What is GMM, the Wellness Council and the subcommittees
   2. What are health services……what do school nurses do?
   3. School Index; Measurement for needs
   4. What do wellness councils do/what could this committee do?
4. **Discussion Items:** 
   1. **What are the positives and challenges for the district to have an (expanded) personal health subcommittee?**
      * Positives

* Decisions are made by a group
* If a key person leaves, there is less chance that programs or initiatives leave too
* Provides a bigger perspective
* Having a personal health committee makes sense
* Provides district support/ takes off the “hot seat”
* Multi agencies are going in the same direction
  + - Challenges:
  + Not to duplicate work
  + Not to get in each other’s way
  + Date gaps
  + Communication with large council, all directions ( behavioral health, nutrition, physical activity and personal health are all so related it’s hard to separate out)
  1. **What are the positives and challenges for the community (or you) to have (be on) a personal health subcommittee? (That are not also above)** 
     + Positives
     + More apt to use date Driven decisions
     + Transparency
     + Challenges:
     + Time spent
     + Staying effective
     + Public perceptions of what actual district resources are ( public thinks it’s more than what it really is)
  2. **What areas (that support health and student achievement) could the subcommittee influence that is not already addressed in the wellness council? How would a subcommittee work together? Consultation, advisement, working group…..**
     + Being or developing a source for community sources or staff resources
     + Setting strategic direction
     + Policy development
     + Concerns or needs raised:
     + Need to know what is already in place first
     + Separateness of various committees
     + Need a needs assessment. What is the whole picture for the School Health Index?
     + Not recreating the wheel; what do other districts do when having separate sub groups?
     + National data on health impact and MCPS
  3. **How often would the subcommittee need to meet?**
* Other subcommittees are tending to meet monthly as work groups. Quarterly was brought up. It was noted that may need more initially to clearly identify direction. Linda suggested 2 more meetings this year (March and May) and will send out meeting invites or a doodle scheduler.
* There are also quarterly Council meetings where all 4 sub committees meet. Some embers always go, some never. Linda will send out invite with reference to it being the “large” meeting; this is an invite not an obligation. Those dates are March 4th and May 27th (3-5 pm).
  1. I**s this worthwhile to you and/or what do you bring to table? Who is missing?**
     + All expressed that the committee is worthwhile to start. There is possibility that exact members from agencies may change once the direction is better established.
     + It was suggested that a secretary and teacher be sought. Some issue is that 2 to 3:30 seemed to work well for several members and it would be hard to get a secretary or teacher at those times. Linda will try at least for the secretary. The other groups may either do focus groups (for students) or go to other groups for surveys etc. to get their input.
  2. Agenda ideas for next time:
* Review available data. Health service data, data district collect’s (Hatton). What’s not collected?
* What is FERPA?
* What is the perspective of the schools; survey development
* What are the scores of the School Health Index
* Anchor data to Collection Impact Model
* Risk assessment; how well are staff prepared for health related duties and emergencies
* Review of screenings and data including developmental or psycho-social screenings not just health
* The Wellness council is hoping to develop a better known presence. Website development and newsletter items. Newsletter short items every week in staff newsletters, one a month form each subcommittee.

Notes taken by Linda Simon and Posted 2/5/15